Arroyo Grande Community Hospital
A Dignity Health Member

If you have any questions, **please consult your physician or call AGCH Coastal Cancer Care at 805.481.7245. For emergency, call 911.**

# PATIENT EDUCATION

**CisPlatin (Plantinol, Plantinol AQ, CisPlantinum)**

## SIDE EFFECTS

**It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:**

- **Nausea/Vomiting –** May occur 1 hour after receiving this drug and may continue for up to 4 days. You will be given medication before and after receiving this medication to help control or prevent this. IT IS VERY IMPORTANT THAT YOU TAKE THE MEDICATION AS INSTRUCTED TO KEEP FROM BEING SICK.
- **Kidney Damage –** This drug may injure the kidneys. Therefore, you will get IV fluids to try and prevent this. You kidney function will be monitored by blood tests and urine output while you are on this drug.
- **Hearing Loss –** You may experience some ringing in your ears as well as a hearing loss at a higher frequency range.
- **Lowered Blood Counts –** May occur 1-2 weeks after receiving this drug. You will be more susceptible to colds, infections, and bleeding.
- **Nerve Damage –** You may develop numbness and tingling of your fingers and toes. This is rare, but will be monitored.
- **Hair Loss –** Mild loss or thinning and usually grows back when treatment is completed.
- **Changes in Taste/Loss of Appetite –** May have a metallic taste in your mouth.
- **Fatigue –** Secondary to effects of drug on the kidneys.

## PATIENT RESPONSIBILITIES

**Notify your doctor or oncology nurse immediately if you experience:**

- Ringing in the ears, unable to hear the refrigerator run, or the birds sing.
- Any numbness or tingling of fingers or toes or difficulty with coordination.
- Signs of Infection: Chills or fever above 100.5°F, new or significant cough or shortness of breath, pain or burning with urination, a sore that is red and swollen, white patches in your mouth or on your tongue.
- Any swelling of feet or lower legs or decrease in frequency/amount of urine.
- Redness, pain, or swelling at the injections site.
- Shortness of breath or trouble breathing.
- Blood in your urine or stools.

## SPECIAL INSTRUCTIONS

- **Birth Control Measures –** are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure and tell your dentist you are taking this medication.**
- **Increase fluid intake –** drink 8-10 glasses of fluids a day.