Arroyo Grande Community Hospital
A Dignity Health Member

If you have any questions, please consult your physician
or call AGCH Coastal Cancer Care at 805.481.7245.
For emergency, call 911.

PATIENT EDUCATION

Alimta (Pemetrexed)

SIDE EFFECTS

It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:

- **Low White Blood Cell Count (increased risk for infection)**
- **Low Red Blood Cell Count (Anemia)**
- **Fatigue**
- **Nausea and Vomiting**
- **Constipation**
- **Poor Appetite**
- **Shortness of Breath**
- **Chest Pain**
- **Low Platelet Count (increased risk for bleeding)**
- **Increase in Blood Test Creatinine**
- **Fever**
- **Flu-like Symptoms: Fever, chills, generalized aches and pains, headache, poor appetite**
- **Mouth Sores**
- **Numbness or Tingling of Hands or Feet**
- **Depression**
- **Rash, Skin Irritation**

PATIENT RESPONSIBILITIES

Notify your doctor or oncology nurse immediately if you experience:

- Fever of 100.5°F (38° C) or higher, chills
- Nausea
- Vomiting (more than 4-5 times in a 24 hour period)
- Unusual bleeding or bruising
- Black or tarry stools, or blood in stools
- Blood in the urine
- Pain or burning with urination
- Extreme fatigue
- Constipation
- Signs of Infection: Redness or swelling, pain on swallowing, coughing up mucous, or painful urination
- Unable to eat or drink for 24 hours
- Dehydration
- Depressed

SPECIAL INSTRUCTIONS

- **Birth Control Measures –** are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure to tell your dentist you are taking this medication.**