

*Arroyo Grande Community Hospital presents*

# **Senior Healthy Lifestyle Lunches**



*Free monthly lunches  
and health care lectures  
at Arroyo Grande  
Community Hospital!*

**Tuesday, February 16, 2010**

**12:00 pm – 1:30 pm- AGCH Annex Main Conference Room**

*This month's topic:*

***“Medicare Advantage Insurance Plan”***

**With Napoleon Ruiz, HICAP Medicare Counselor**

***Space is limited. Reservations are required.***

**Call AGCH Community Educator Roberta Alderete  
to reserve your seat: 473-7662**

***Next Senior Healthy Lifestyle Luncheon:***

**March 23, 2010**

**“Caring Callers” Senior Program  
with Suzanne McFarlane**



**Arroyo Grande Community Hospital**  
A member of CHW

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